

FACILITY OR
INSTITUTION NAME: _____

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
RELIGIOUS DIET PROGRAM - CERTIFIED FOOD OPTION MENU FY 2020 -2021

MONTH OF _____
OPERATION: _____

Effective June 28, 2020

Angela Gaskins
FL Department of Corrections Approval
Angela Gaskins, Bureau Chief

Brenda Patterson
Brenda Patterson, R.D., L.D./N
Public Health Nutrition Consultant

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
1 ea peanut butter 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 2 ea bread 2 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage	1 ea peanut butter 1 pk cold cereal 3 ea bread 3 pk jelly 2 ea margarine 1 pk coffee 2 pk sugar 1 pk breakfast beverage
1 pk tuna 1 c beans, canned 1 c carrot 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c black-eyed peas 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk tuna 1 c beans, canned 1 c carrot 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c chili beans 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk mackerel 1 c beans, canned 1 c carrot 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper
1 c beans, canned 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea banana 1 pk beverage 1 ea salt 1 ea pepper	1 pk mackerel 1 c beans, canned 1 c carrot 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 pk sardines 1 c 3 bean salad 1 c cucumbers 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 ½ c cabbage 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	3 pk cheese 1 c beans, canned ¼ c tomatoes 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper	1 c beans, canned 1 c zucchini 2 pk dressing 2 ea bread 2 ea margarine 1 ea orange 1 pk beverage 1 ea salt 1 ea pepper	1 pk sardines 1 c beans, canned 1 c cucumbers 4 pk saltine crackers 2 ea margarine 2 ea mustard 1 pk beverage 1 ea salt 1 ea pepper

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

Food Service Director